

Walking Programme for U3A Walking Group; January to June 2024

Normal walking days are; Third Wednesday of each month and First Saturday of each Month

Please remember to fill in your medical form and carry it with you so that in the event of an emergency, the leader and/or the medical responder can access it.

Day	Date	Month	Start time	Meeting Point	Proposed walk	Leader	Difficulty
Saturday	3	February	0800	Senior Citizens Car Park	A walk around Lankey Plain on the Dargo High Plains. Some of this walk will be along the escarpment overlooking the Dargo river with spectacular views. Part of the walk will be across snow plains without any track so suitable footwear should be used to support your ankles. Poles would also be an advantage. Although this is a short walk, if the weather is suitable we can stop at the Mt Freezeout lookout on the way and if walkers wish we can drive a short extra distance to the old Gow's Hotel site.	Malcolm Millar 5755 1949 malcolmmillar@optusnet.com.au	6 Km., 3 Hours, Grade 1.
Wednesday	21	February	0800	Senior Citizens Car Park	Loch spur to the Derrick Hut and return. A very pleasant walk in the Mt Hotham area taking in part of the Alpine Track. Beautiful views. If the weather is suitable we will continue beyond the Derrick hut a short distance where there is a spectacular view of the Cobungra river valley.	Jill Griffiths, jillstev1@bigpond.com	10 Km., 4.5 Hours, Grade 2
Saturday	2	March	0800	Senior Citizens Car Park	Heathy spur to Edmundson's Hut on the Bogong High Plains. A classic walk on the Bogong High Plains with good views. Those wanting a longer walk can go to the top of Mt Nelse before going to the hut.	Leonie Wyld 0417 242 391 lcwyld@gmail.com	Standard walk 14 Km., 4.5 Hrs., Grade 2. Including Mt Nelse 18 Km., 5.5 Hrs., Grade 3
Wednesday	20	March	0800	Senior Citizens Car Park	South Buffalo track. An interesting walk with wildflowers, rock formations and good views especially of the Horn and the Back Wall. Those wanting a shorter walk can turn back earlier.	Noel Cadman 0418 731 874 j.cadman@bigpond.com	8.5 Km, 3.5 hours, grade 2

Saturday	6	April	0900	Senior Citizens Car Park	Ditch Track, Mt Hotham - along the old Brandy Creek Mine Aquaduct. First 1.3 Km down a 4WD access track, moderately steep; after that the walk is virtually flat until the end when there is a 0.5 Km climb up a 4WD track to the road. Nice walking, good views, sheltered. Short car shuffle required. See http://www.mthotham.com.au/mountain/summer/bushwalking_trails/images/Track_Notes_-_Cobungra_Ditch.pdf .	Malcolm Millar 5755 1949 malcolmmillar@optusnet.com.au	16 Km, Grade 2, 4.5 Hours.
Wednesday	17	April	0900	Senior Citizens Car Park	Mt Buffalo. Mahomet's Tomb, Old Galleries and Dingo Dell Tracks. Three shorter and interesting walks. Those wanting a shorter walk can do a selection of these.	Igor Trucco 5755 1232 igor.trucco@bigpond.com	5 Km., 3 Hours, Grade 2
Saturday	4	May	0900	Senior Citizens Car Park	A walk through the 'Nine Mile Historic Area' of Beechworth including a visit to the Wallaby Mine. Details later.	Barry Willcox. 5755 1851, barry.willcox@bigpond.com	Details later
Wednesday	15	May	0900	Senior Citizens Car Park	A walk along the Mayday Hills, in the Beechworth Stanley area. Buckland Gap to Murrungee Lookout, Clarke Corner, Six Mile Road, Bates Dam and Six Mile Historic Area. Great views from Murrungee Lookout.	Malcolm Millar 5755 1949 malcolmmillar@optusnet.com.au	8 Km, 3.5 hours Grade 2
Saturday	1	June	0900	Senior Citizens Car Park	Walk along the Murray at Albury. Details later	Malcolm Millar 5755 1949 malcolmmillar@optusnet.com.au	Grade 1, details later
Wednesday	19	June	0900	Senior Citizens Car Park	A walk in the Warby-Ovens National Park. Mt Glenrowan, and Moonlight Lookout. Those wanting a shorter walk can return to the start from Mt Glenrowan.	Kim Robinson 0427 637 269 jkrobinson290@gmail.com	12kms, grade 2, 4.5 hrs.