**Newsflash Oct 2023** 

## **U3A Bright Open Day**

The inaugural U3A Bright Showcase last Friday was an outstanding success.

The weather gods were kind to us and a constant stream of members of the public and U3A enjoyed informative & inspirational displays, demonstrations, craft and performances which highlighted the quality & variety of skills and talents that Bright U3A has on offer.

Alpine Voices performed a popular medley from THE SOUND OF MUSIC, ably conducted by maestro Olivia Stapleton and accompanied on the keyboard by Reverend Mother, Carolyn Moore, to the great enjoyment of the crowd.

Franca Sherwell and her team gave us a display of yoga which was executed with precision & which captivated and relaxed the entire audience. The yoga participants were Hilda, Olivia, Annette, Robyn and of course Franca.

Jill Griffiths was present to spruik the Bushwalkers & Malcolm Millar prepared the photo loop

Morning tea was enjoyed by all and 6 new members have joined up.

The event could not have happened without the generous donation of time & effort from the people who made it such a success!

Congratulations and many thanks to all you wonderful volunteers!!



**Bright U3A Committee Contacts** 

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Treasurer: Robyn Cirulis......members@u3aBright.org.au Web Admin/Newsletter: Helen Brecknell.....media@u3abright.org.au

#### Woolcrafters

It was great our Wool Crafters group had the opportunity to showcase their talents today as we have so many clever ladies in the group and it's nice for others to see their beautiful craft work.

The following people were able to display their items today with the encouragement & support of those who were away or who have already aifted their work to family.

Those who did display craft items today were Lorraine Pearce, Sandra More, Heather Kelly, Jan Kool, Cynthia Kress, Therese Luther, Jan Sparkes, Peg Millar and myself.

Thank you for organising the morning, it was great to see and hear about the other U3A groups.

Cheers,

Catherine Eldred



# Alpine Voices Casual Cycling



The members of Alpine Voices who performed so well are:

Julie Kenessy

Annette Paech

Brenda Hogan

Sabine Glissmann-Gough

Estelle Collinson

Sarah Fagan

**Elaine Woods** 

Jenny Mitchell

Carolyn Moore as Reverand Mother.

It was our pleasure!





## Woodwork

It was a nice morning, thank you to everybody that has been helping setting up and cleaning up again, much appreciated.

Here is the list involved from our "Woodies" Group.

Glenn O'Connell: Photo stand, Giraffes, Cribbage board game, 2 fold up stools, Cathedral Gothic window head, Tropical fish.

Mike Roberts: Natural slab coffee table.



Robyn Wood: Phone holder/stand, Boot remover.

Doreen Worton: All repairs and assemblies for our community OP Shop; Dolls house, Jewelry box, Jewelry frame display, Hair and Bangles stand for display.

Trish Piper: Toilet roll holder (Cat)
Keith Ashfold: Photos of his outdoor chairs, Stool for his Teddy bear.

Cathy Eldred: 2 Platters, Buttons

Hilda Rozitis: Heart, Stool.

U3A/ Vince Reed: Chopping boards. Kath Volkmer: Helping setting up

participating.

Attendeds: Glenn O'Connel, Mike Roberts, Keith Ashfold, Cathy Eldred, Kath Volkmer, Hilda Rozitis

Cheerio, Sawdust and Glue (Hilda and Glenn)



### And The Rest.....





Jan Davey for Mahjong demo

Helen Brecknell...video loop of U3A activity photos & Tai Chi video.

**Tony Strachan for Writer's group** 

Olivia Stapleton for Qi Gong literature display & talks

Linda Hayes, Karl Cirulis, Peter Dredge, Robyn Cirulis, Helen Brecknell & Marianne Dredge... organisation, coordination, set up & clean up.



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