U3A BRIGHT DISTRICT

UNIVERSITY OF THE THIRD AGE

lifelong learning

staying active

good company

Newsflash Apr 2023

DINNER PARTY

What are we celebrating? OUR NEW HOME!

When: Friday 14th April 2023

RSVP 7th April

Time: 6 pm to 10.30pm

Where: U3A Home,

2 Cobden St, Bright

FORMAT:

3 course sit-down dinner.

Main Course is BBQ steak and salad.

If you prefer vegetarian, please email Jan Smith

michaelandjansmith@gmail.com

BYO Drinks and Glasses

Entertainment, music, dancing.

COST: \$20 per person

Enrol via UMAS (u3abright.org.au) MEMBER LOGIN

and go to CELEBRATION DINNER use checkout

Payment to Bendigo Bank BSB 633000 A/C 117560979

Reference your <u>surname</u> and "celebration dinner"

Bright U3A Committee Contacts

Secretary: Dianne Mayorga.....info@u3abright.org.au Courses: Linda Hayes......courses@u3abright.org.au.

Treasurer: Robyn Cirulis......members@u3aBright.org.au Web Admin/Newsletter: Helen Brecknell......jhcw@bigpond.com

Partners or friends WELCOME!

Do you have a partner or friend (who is not a member of U3A Bright) who would like to join you at the Celebration Dinner?

If so, you can join them up as a member through UMAS just for the Dinner. They will be charged for the dinner but not a membership fee.

If you have a problem in joining them up just email members@u3abright.org.au

Remember to do by the 7th April! (for catering purposes)

Are you interested in trying yoga?

We are starting a yoga class in Term 2, run by the very experienced Franca. Franca has been practicing and teaching various forms of yoga for more than 23 years and now teaches Slow, Mindful Yoga. Slow Mindful Yoga offers many benefits, including the potential for increased flexibility, strength, balance and mobility; all qualities frequently sought after by older adults.

Places are limited, so book now through UMAS. The first class will be held on Tuesday 2nd May.



The golf event will be on 12th May at 9:30am. The golf course has been booked.

"The social committee would like to start a U3A casual social 9 hole golf group.

The plan is to meet monthly, probably on Fridays.

Cost will be the fee for 9 holes at Bright Golf course. All are welcome to join, no handicap needed.

If interested please email Jan Smith michaelandjansmith@gmail.com "

On 24 March 2023, a new round of the Power Saving Bonus program commenced. Victorian households are now able to receive a new \$250 payment, including any households that received a payment through previous rounds of the program.

Before submitting an application for the bonus, please read the eligibility requirements:

Eligibility requirements:

- You must be a residential energy consumer (i.e. have a residential electricity account)
- You must be the account holder
- Only one payment is available per household

As part of the Power Saving Bonus application process, we will present you with information about the best priced electricity offers available in your area. You are not required to switch offers or retailers.

The application process will take five to ten minutes of your time, and you will need to have a recent electricity bill with you.