



BRIGHT DISTRICT U3A INC

2023 Courses / Activities

4 January 2023



BRIGHT DISTRICT U3A INC Contact Details

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Physical indoor and outdoor activities

23ACT01: BIRDWATCHING

Type: Long inc holidays

Dates: 13/02/2023 - 11/12/2023 **Frequency:** 2nd and 4th week of month, Mon 8:00 - 0:00

Location: Sen Citizens carpark 10 Cobden Street Bright **Convenor:** Bill Hayes

Local and away trips with various finish times depending on location. Carpooling is encouraged and passengers may be asked to contribute to fuel costs.

If you join us, this is what you can expect:

- Visiting pleasant bushland and parkland settings. Some gentle walking may be involved.
- Finding birds, watching their behaviour.
- Learning to identify birds visually, and by their calls.
- Sharing knowledge with others, and learning from more experienced birders.
- Learning correct use of binoculars, and how to use field guides.
- Photographing birds and other nature subjects (optional)
- Enjoying picnic lunches and coffee shops with sociable people
- Having fun. No experience necessary, all are welcome.

hayesbill@bigpond.com

23ACT02: BUSHWALKING

Type: Long inc holidays

Dates: 15/02/2023 - 20/12/2023 **Frequency:** 3rd week of the month, Wed 9:00 - 0:00

Location: Sen Citizens carpark 10 Cobden Street Bright **Convenor:** Malcolm Millar

PLEASE NOTE that BUSHWALKING is held on the FIRST SATURDAY & THIRD WEDNESDAY of each month.

The 12 month program of walks is available on our website in 2 parts-January to June & July to December. The Convenor will also email the program to all participants in January & July.

Various locations & start times. Car pooling - pay driver

The Bushwalking group has a program of walks for the year so the venue changes for each walk. Car pooling is available for transport to the start point.

Walks range from easy to challenging and highlight the beauty of the Alpine Valleys and High Country.

malcolmmillar@optusnet.com.au

23ACT03: CASUAL CYCLING

Type: Long inc holidays

Dates: 07/02/2023 - 30/12/2023 Frequency: Each week, Tue 9:00 - 0:00

Location: Railshed opp museum Convenor: Sue van Winden

The aim of the group is in its name "Casual Cycling". A stop at a cafe/restaurant is an essential part of each ride. All riders who are members of U3A are welcome to join this relaxed social bike riding group. Activities of the group include, but are not limited to, the following: Regular Weekly Rides

A regular weekly ride is organised most Tuesday mornings with starting times dependant on the season and the ride's route. These rides are a combination of local rides from our starting point at the old railway shed behind the Bright Museum and 'Drive and Rides' in the northeast Victoria area with various start points.

Non Regular Rides

Other rides eg lunch rides, rides to dinner locations, special interest rides, distance challenge ride (eg 50km, 100km), may also be organised at various times.

Away Rides

Occasionally an "away" trip of a few days to a week may be organised where members of the group travel independently to a location and arrange their own accommodation and then meet daily for rides around that location led by member/s with knowledge of the suitable rides in that location.

Social activities include get-togethers for fun, entertainment or education etc often with a bike focus eg film night, bike maintenance, Christmas party, celebrations etc at a venue or a member's house.

As this is such a large group with an extensive range and number of activities, there are additional leaders to support and assist Sue and Arno at various times throughout the year:-

Lorraine & Peter SHENNAN

Helen & Roger CARLSON

Ron & Leah MILNE

Convenors

Sue and Arno van Winden

Ph: 03 5750 1654 Email: suevanwinden@gmail.com

Own bicycle and cycling gear

U3A organised rides have a leader and a sweeper. A first aid kit and the riders' emergency contact list is carried on the ride. Riders "sign in" at the start of each ride. All riders are encouraged to share the responsibility of carrying the first aid kit and contact list and act as sweep/leader when they feel confident to do this. Riders who vary their route to the announced ride do so at their own risk.

You will receive an email from each week's coordinator, usually over the preceding weekend, to let you know the ride and when and where to meet for the weekly ride.

It is strongly recommended that all bike riders in the group have current ambulance insurance and that you carry a mobile phone, two spare tubes and a pump on every ride. Bike riding insurance that can be taken out through Bicycle Network (www.bicyclenetwork.com.au) is also worth considering.

Drawing & painting

23ART01: DRAWING AND PAINTING

Type: Long inc holidays

Dates: 31/01/2023 - 19/12/2023 Frequency: Each week, Tue 10:00 - 12:00

Location: Bright Art Gallery 28 Mountbatten Ave Bright Convenor: Steve McCall

Uses the Bright Art Gallery for regular art sessions.

We run weekly throughout the year except for a short break over the Christmas period

snp.mccall@gmail.com

Utilising different materials to create pieces of work

23CRA01: WOODWORK

Type: Long inc holidays

Dates: 01/02/2023 - 20/12/2023 **Frequency:** Each week, Wed 12:00 - 16:00

Location: Bright United Mens Shed BUMS 14 Churchill Avenue Bright **Convenor:**
Glenn O'Connell

embers of the Woodwork Group meet weekly each Wednesday afternoon from 12 – 4pm at the Bright United Men's Shed. We are in recess over the Victorian Christmas school holiday period.

Under the Tutoring of Glenn and Ron, both men and women undertake a variety of personal projects to either create, repair or fabricate some wood feature.

A highlight of each week surrounds the afternoon tea break. Much hilarity and laughter fills the room. Here we exchange views on various topics from Politics to ethics and personal life experiences.

Our group maintains their finances and supplements the consumables we use by manufacturing and selling chopping boards to local businesses.

All are inspired by the creativity and energy that is engendered within the group.

AN ECLECTIC GROUP INDEED.

glennocconnell30@gmail.com

23CRA02: WOOLCRAFTS

Type: Long inc holidays

Dates: 02/02/2023 - 31/12/2023 **Frequency:** 1st and 3rd weeks of the month, Thu 10:30 - 0:00

Location: Nightingales orchard & café 708 Morses Creek Road Wandiligong
Convenor: Cathy Eldred

Wool crafters meet on the first and third Thursday of every month. We normally meet at Nightingales, Wandiligong at 10.30 am, unless otherwise specified. We continue all year but break for the Christmas school holidays. We are a fun group who get together to do any craft that involves wool; knitting, crocheting, embroidery, felting etc. We share patterns and ideas and also help with problem solving with patterns etc as needed.

Board, card and various other games

23GAM01: CANASTA

Type: Long inc holidays

Dates: 07/02/2023 - 31/12/2023 Frequency: Each week, Tue 13:00 - 16:00

Location: U3A Room 1 2 Cobden Street Bright Convenor: Kevin Hancock

Canasta runs weekly all year with just a short break over Christmas

23GAM02: MAHJONG

Type: Long inc holidays

Dates: 01/02/2023 - 31/12/2023 Frequency: Each week, Wed 13:00 - 16:00

Location: U3A Room 1 2 Cobden Street Bright Convenor: Jan Davey

Mahjong is a Chinese tile based game and is played individually not with partners. It is a game of luck and strategy aided by a games book for reference and helps to keep the mind active. Beginners are welcome to come along. We have a break over the Christmas school holidays jan.davey1@bigpond.com

23GAM03: SCRABBLE

Type: Long inc holidays

Dates: 03/02/2023 - 31/12/2023 Frequency: Each week, Fri 10:15 - 14:00

Location: U3A Room 1 2 Cobden Street Bright Convenor: Rosemary Withers

Join a friendly group each week for a relaxed game of Scrabble. Scrabble is a fun word board game, played by forming interlocking words on the board using letter tiles with various score values, with the objective of getting the highest score. gregandrosiewithers@gmail.com

The study of languages other than English

23LAN01: BEGINNER FRENCH

Type: Long inc holidays

Dates: 02/02/2023 - 31/12/2023 **Frequency:** Each week, Thu 9:00 - 10:00

Location: U3A Room 1 2 Cobden Street Bright **Convenor:** Brett Lidbury

The French language programme offers lessons and conversation to accommodate any level of proficiency. To join the Beginners group, no previous background in French is required, with revision built into the lesson structure to allow members to join at any time without being disadvantaged.

For the Intermediate - Advanced class, the ability to speak basic sentences in French is an advantage, with moderate proficiency to read French text helpful. Listening is a core skill that we regularly practice during lessons, through access to French audio, broadcasts, and so on.

If a Beginner, you are always welcome to participate in the Intermediate - Advanced class once you feel ready, or simply listen to class as we conduct our language exercises. We also hold regular coffee and conversation meetings to practice - currently at Blackbird Café each Monday morning at 10.30am for beginners in French!

23LAN02: FRENCH

Type: Long inc holidays

Dates: 02/02/2023 - 31/12/2023 **Frequency:** Each week, Thu 10:30 - 11:30

Location: U3A Room 1 2 Cobden Street Bright **Convenor:** Suzanne McKinley

The French language programme offers lessons and conversation to accommodate any level of proficiency. For the Intermediate - Advanced class, the ability to speak basic sentences in French is an advantage, with moderate proficiency to read French text helpful. Listening is a core skill that we regularly practice during lessons, through access to French audio, broadcasts, and so on. If a Beginner, you are always welcome to participate in the Intermediate - Advanced class once you feel ready, or simply listen to class as we conduct our language exercises. We also hold regular coffee and conversation meetings to practice - currently at Blackbird Café each Monday morning at 10.30am

23LAN03: RUSSIAN

Type: Long exc holidays

Dates: 03/02/2023 - 31/12/2023 **Frequency:** Each week, Fri 9:00 - 10:00

Location: U3A Room 1 2 Cobden Street Bright **Convenor:** Tatjana Filicin

The aim of our group is to learn Russian language in a friendly and relaxed atmosphere. To achieve that, we use books, websites, Russian movies and Russian songs. That way we learn about the Russian culture as well.

Listening, reading, writing and discussions

23LIT01: NON FICTION BOOK INTEREST GROUP Type: Long exc holidays

Dates: 22/02/2023 - 22/11/2023 Frequency: 4th week of the month, Wed 14:00 - 16:00

Location: Yvonne Ward 6703 Great Alpine Road Porepunkah Convenor: Yvonne Ward

There will be a different theme each month, and a featured book.

Hopefully a list will be available at the start of each term, but due to circumstances, may have to be varied. I invite suggestions of books and themes to be featured. To date we have had themes of Antarctic exploration, and Shakespeare.

The format will be:

Welcome

PART 1:

- a. Presentation by Speaker – including a summary of the featured book.
- b. Discussion of the book and books on the broader theme by everyone

PART 2:

“Show and Tell” Bring along a non-fiction book that you have read (or would like to read), and tell the group about it...

PART 3: Notice for next meeting; Ideas for future themes; Refreshments ...

yward13@gmail.com

23LIT02: WRITERS GROUP

Type: Long exc holidays

Dates: 09/02/2023 - 31/12/2023 Frequency: Second week of the month, Thu 10:30 - 12:00

Location: DUMU Balcony Café 4 Ireland Street Bright Convenor: Tony Strachan

The U3A Writers Group meets on the second Thursday of each month at 10:30 am at DUMU balcony café.

It is an informal session with lots of animated discussion around a topic chosen the previous month, and on which most of us write a short 200 – 300 word paragraph or poem. Encouraging and constructive comment is invoked from the group and a new topic chosen for the next meeting.

We also discuss various writers, their work and their ideas on the writing process, and just about anything else related to the writing world.

But most of all, we have fun and nothing is taken too seriously. Come along and sit in on a session.

tonystrchn@gmail.com

Singing or playing an instrument

23MUS01: ALPINE VOICES

Type: Long exc holidays

Dates: 01/02/2023 - 31/12/2023 **Frequency:** Each week, Wed 16:15 - 17:45

Location: U3A HQ1 **Convenor:**

Currently not running classes for term 3. Alpine Voices – meets: Day -Wednesday through most of the year Time – 4.14PM with a break for a cuppa at 5.00PM Where – U3A H.Q. Big Room Cost - annual membership of U3A Description – no auditions, just a love of singing – a range of mostly well-known songs, all genres – some parts work – heaps of fun! PLEASE CONTACT CONVENOR, FRANKI WALSH francesmcwalsh@hotmail.com to confirm start date & for any COVID SAFE information

Alpine Voices is now in winter recess and will resume on Wednesday October 5th

23MUS02: INTERMEDIATE GUITAR - Monday

Type: Long inc

holidays

Dates: 06/02/2023 - 31/12/2023 **Frequency:** Each week, Mon 17:00 - 20:30

Location: U3A Main Hall 2 Cobden Street Bright **Convenor:** Greg Withers

Participants need to bring their own electric guitar, and practice amp. The activity is for existing guitarists of intermediate level. The only activity will be group guitar practice, playing popular songs.
gregandrosiewithers@gmail.com

23MUS03: INTERMEDIATE GUITAR - Thursday

Type: Long inc

holidays

Dates: 02/02/2023 - 31/12/2023 **Frequency:** Each week, Thu 17:00 - 20:30

Location: U3A Main Hall 2 Cobden Street Bright **Convenor:** Greg Withers

Participants need to bring their own electric guitar, and practice amp. The activity is for existing guitarists of intermediate level. The only activity will be group guitar practice, playing popular songs.
gregandrosiewithers@gmail.com

A course/activity run over a short period of time

23SOC03: TRY BAREFOOT BOWLS

Type: Short

Dates: 17/02/2023 - 17/02/2023 **Frequency:** None, **Fri 17:00 - 20:00**

Location: None **Convenor:** Jan Smith

Cost - \$10 for bowls, \$5 for BBQ dinner

payable on the night

Format - bowls and tuition provided followed by fun, social games.

Please go barefoot or wear flat non heeled shoes.

A BBQ of hamburgers and fruit will be provided. Drinks can be purchased at the bar.

A minimum number of 15 is required.

Please RSVP to Jan Smith by 10th February 2023

michaelandjansmith@gmail.com

Group activities for socialising

23SOC01: BLOKE'S BUSINESS

Type: Long inc holidays

Dates: 02/02/2023 - 31/12/2023 **Frequency:** 1st and 3rd weeks of the month, Thu 10:00 - 11:00

Location: Riverdeck Kitchen 16 Howitt Lane Bright **Convenor:** Terry Thompson

We very much enjoy talking about, for instance, current news, world events and the tales of the differing past occupations, travels and hobbies.

Terrence Thompson – CONVENOR

23SOC02: DECKERS

Type: Long inc holidays

Dates: 16/02/2023 - 16/11/2023 **Frequency:** Once per month, Thu 16:00 - 18:00

Location: **Convenor:** Robyn Cirulis

Deckers is a very friendly and social group which will meet once per month at a host member's deck, verandah, garden, creekside or shed.

It is a BYO everything event:- drinks, chairs and a snack/small plate of food to share. The hosts may provide tea, coffee etc

The convenor will email the group at least 2 weeks before the next meeting date to get a volunteer host and venue. The convenor will then notify the group of these details. The hosts are always appreciated!

There is no pressure to attend and no need to RSVP. Just turn up and enjoy the company!

In extreme or bad weather, the event may be postponed until the next month.

robyn.cirulis@internode.on.net